

OM PROGRAM	ZERO	ONE	TWO	THREE	FOUR FEMALE	FOUR MALE
Add 20 pellets per 32 oz. water	<u>PHASE 0</u>	<u>PHASE 1</u>	<u>PHASE 2</u>	<u>PHASE 3</u>	<u>PHASE 4 (female)</u>	<u>PHASE 4 (male)</u>
DEVELOPMENTAL PERIOD	conception-3 weeks post birth	birth -12-18 months	18 months until lose first teeth (~age 7yo)	7yo-puberty	Puberty	Puberty
SUPPORTIVE MINERAL REMEDIES TO GROUND AND ADD STRUCTURE FOR EACH PHASE:						
Add 3-4 tabs per 32 oz. water	MAG MUR 8X	CALC CARB 6X	CALC PHOS 6X	CALC FLUOR 6X	NAT MUR 6X	NAT MUR 6X

OPTIONAL SUPPORT REMEDIES FOR DRAINAGE AND DETOXIFICATION						
ADD 20 drops of each Unda to your water	Unda 2, 8, 270	Unda 3, 9, 22	UNDA 9, 20, 24	UNDA 9, 2, 228	UNDA 9, 10, 21	Unda 1, 9, 38
Rationale for what THESE REMEDIES support	Heart, kidneys & SEPARATION, thus kidney & skin drainage (#270)	Digestive system and gut-brain axis (#22)	Developmental period with a strong relationship to the autonomic nervous system (ANS) due to strong emotional/feeling states & reactions	Kidney (#2) & lung (#228) drainage	Appropriate drainage for female reproductive organs and hormonal balance	Appropriate drainage for male reproductive organs and hormonal balance